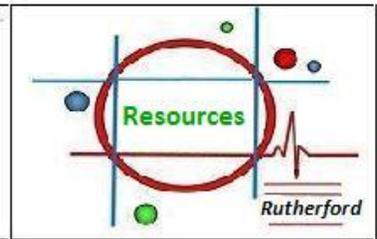


Community Resources
Cleveland/Rutherford
100 Justice Place
Shelby, N.C. 28151
704 484-4984



Federal, State And Local Resources

Organization Name

Type Of Service

Name Phone

Email Address

Web Site

Physical Address

City

State/Province/Region Zip-Code

Brief Description Of Services Offered

At the Cleveland County Family YMCA, we help all people reach their God given potential in spirit, mind and body. Through group exercise classes, personal trainers, sports programs, after school programs, summer camps, and population specific programs such as the YMCA's Diabetes Prevention Program, the LiveStrong cancer survivor program, and others, we are able to help everyone on their journey as we focus upon youth development, healthy living, and social responsibility.

Office Hours