

Alliance for Health Partnership Meeting
11/08/06

Present:	Denese Stallings	James H. Hines, Jr.	Tiffany Barbee
	Anzie Horn	Rita Wortman	Bonnie Koelle
	Joanie Mabry	Judy Hawkins	Lendra Phillips
	Penny Parker	Nancy Jones	Brenda Page
	Doyle & Jane Hatfield	Travis Mangum	Cindy Teddy
	Laurie Varley	Daniel Woodard	Jyma Atwell
	David Ozmore	Rosemary Suess	Robert Miller
	Paulette Horne	Kelli Bradley	

Call to order- 8:30 Denese Stallings

Davis Ozmore, YMCA, presented the Cleveland County Shrink Down Program, a free community based program that will began January 2007 and run for 10 weeks. He stated the new program will help address health issues in our community. He noted every Friday the public participants will be asked to appear at their designated "consultation sites" where they will weigh in and have a one on one consultation about their weekly progress. Mr. Ozmore stated they expect 2,000 or more participants to register.

Jyma Atwell, YMCA Education Committee stated that the Kick Off Day for the Cleveland County Shrink Down Program will be January 8th, 2007, and will be held at Cleveland Community College. She noted the first 750 people to sign up will receive a free t-shirt and everyone will receive a notebook which contains grocery, weight loss and exercise tips to encourage a healthy lifestyle. She also stated that volunteers with knowledge of nutrition are needed for the consultation sites.

Daniel Woodard of the YMCA spoke on the logistics of the Shrink Down Kick Off. He noted when the potential participants arrive they will register and have their first initial weigh in. He also noted that there will be different stations set up to educate the participants in promoting a healthier lifestyle. Mr. Woodard noted on Fridays at the consultation sites those participants names that do come to weigh in will be placed in a drawing for a chance to win prizes; the drawing will be held March 16, 2006 during the finale. He also noted that although the Shrink Down Program is free to the public it was a costly program. He stated the YMCA will be selling advertisements for businesses to purchase in return the company name will be added on the t-shirts and notebooks being handed out to the public.

Rosemary Suess, Kings Mountain YMCA, spoke on the target to get local businesses involved in the Shrink Down Program. She stated businesses participating must attend the Kick Off. She noted a revolving trophy will be awarded to the business with the total weight loss, based on percentage, each year. Ms. Suess noted they have created a website, www.clevelandcountyshrinkdown.com, in order for the participants to track their progress over the 10 weeks period.

Denese Stallings then asked for a motion to be made to approve the September Minutes. Motion was made by Judy Hawkins and was seconded by Lendra Phillips. Motion was past unanimously.

Jimmy Hines spoke about the new program targeting 11th grade English classes, educating students on acute alcohol poisoning. The money for the program will be funded by Pathways.

Tiffany Barbee spoke on the Alternative Suspension Program. She stated it will be a voluntary program in the High Schools and the Middle Schools for students who have been suspended from school for tobacco use. She stated that during the student's suspension they will come to the Health Department for education purposes opposed to being out of school.

Lendra Phillips reported that the High Schools are looking for voluntary mentors for the Hands Need Hands Program. She noted that she has a sign up sheet and if anyone has any questions to let her know.

Kay Wallace, APC reported they had recently applied for the HUD Grant, and if approved it would provide 7 rental houses for homeless individuals. She noted that hopefully down the road funds would be available to get a new homeless shelter.

Bonnie Koelle, Mental Health Association, reported on a Stress Workshop that will be held at the hospital. She stated it will be an all day workshop that will be \$25.00 per person. She also noted there will be a Transition to Adulthood class that will be free to the public. She noted they will also be hosting Operation Santa Claus, which serves those individuals who are disabled with severe mental health disorders.

Joanie Mabry, Safe Kids Cleveland County, reported they will be sponsoring Child Passenger Safety Week, beginning February 11th through the 17th. She noted that week will be focusing on "Backovers", where children are left unattended and get in behind cars and get run over. She noted that most kids that are killed were killed by a relative and the community needs to be educated on how to prevent this.

Judy Hawkins, Safe Kids, added that North Carolina was denied grant money for car seats. She stated normally money is available every year for the car seats. She also noted that once North Carolina was denied they applied but was later denied the appeal in October of this year. She noted therefore no agency in North Carolina will receive car seats.

Paulette Horne, Senior Center, spoke about the Emergency Food Pantry, which offers to purchase groceries to the elderly and the disabled. She noted that the Veterans Day luncheon will be held at the Senior Center Friday and they are expecting a big crowd..

Nancy Jones, NC Cooperative Extension spoke about the annual Farm City Breakfast that will be held Tuesday November, 21st at 7:00 am in the Cleveland County Auditorium.

Travis Magnum, Harvestworks, stated they are about to open their organic greenhouse. He noted that this week kicked off the Day Support Program, which will allow mental handicap individuals to come in @ 9:00 am and will be given a job assignment for the day.

Cindy Teddy, Board of Directors for Harvestworks, added the Day Support Program at Harvestworks motivates the individuals with mental handicaps to be more productive and have a purpose for each day. She noted that the program will be very successful and they are looking forward to the kick off.

Laurie Varley, Hospice and Palliative Care of Cleveland County, spoke about the bake sale they are holding, Saturday November 18, 2006 at Hendrick Appliance in Shelby.

Robert Miller, Minority Health Council, spoke about the Healthy Carolinians meeting in Charlotte and the 3rd Minority Health Conference, and how successful they were. He noted that he would like to thank the Alliance for Health, Cleveland County Health Department, Cleveland Community College, and the Hospital. He also noted that the numbers increased from last year's participation.

Denese Stallings then asked Judy Hawkins to draft a letter including the amount of money North Carolina will be losing in regard to car seat distribution.

Denese also stated that the Health Department had 500 flu vaccines as of Monday and as of today, Wednesday, are out of the flu vaccines. More is coming at the end of this week or the first of next.

Respectfully submitted,

Kelli Bradley, Recorder

Richard Hooker, Jr., Secretary