

The following pamphlets are available in limited supply from the Cleveland County Asthma Coalition.

1. "About Asthma" (English only) Answers common questions about asthma. Tells those who suffer from asthma how to relieve symptoms.
2. "Asthma in Children" (English only) Discusses common triggers, warning signs of an attack and medications used to control asthma.
3. "Helping Your Child Manage Asthma" (English and Spanish) Includes easy-to-reference sections that cover everything from what asthma is and its effects on children to triggers and special situations.
4. "Kids and Asthma: A Coloring and Activities Book" (English and Spanish) Encourages kids to follow the doctor's directions for taking medication. Explains what to do when an asthma attack starts.

Please contact the Asthma Coalition Co-Chairs to obtain these materials.

Membership in the Cleveland County Asthma Coalition is open to all individuals interested in increasing their knowledge about the diagnosis and management of asthma in an attempt to decrease hospitalizations and unnecessary deaths in Cleveland County.

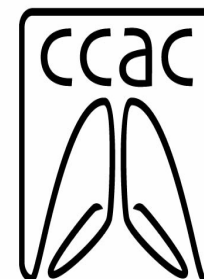
The Coalition meets on the fourth Wednesday of each month in the Second Floor Conference Room of the Cleveland County Health Department from 12:00 noon until 1:30 p.m.

Please contact the Coalition AT 704/484-5195 for additional information about participating in the Coalition or to be added to the Coalition's mailing list.



Cleveland County Asthma
Coalition
315 East Grover Street
Shelby, North Carolina 28150
Telephone: 704-484-5195
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ASTHMA EDUCATION RESOURCES



CLEVELAND
COUNTY
ASTHMA
COALITION

Cleveland County Asthma Coalition

The Cleveland County Asthma Coalition was founded in the spring of 2002 through a grant from the North Carolina Department of Human Services, Division of Public Health.

The goals of the Coalition are:

1. Expand opportunities for parents, family members and diagnosed asthma patients to become more informed about asthma.
2. Expand opportunities for Health Care Providers to enhance their understanding and management of asthma.
3. Develop and implement a community asthma awareness campaign in Cleveland County.
4. Establish a permanent Asthma Coalition.

Asthma Education Resource List

The following list of Web Sites has been compiled for individual review. Before changing any treatment plans, consult your Health Care Provider.

Allergy and Asthma Network/Mothers of Asthmatics, Inc. www.aanma.org
800-878-4403

American Academy of Allergy, Asthma and Immunology
www.aaaai.org
800-822-2762

American Lung Association
www.lungusa.org
800-586-4872

Asthma and Allergy Foundation of America
www.aafa.org
800-727-8462

National Asthma Education and Prevention Program
www.nhlbi.nih.gov
301-592-8573

American Lung Association of NC
www.lungnc.org 800-633-1987

National Jewish Center for Immunology and Respiratory Medicine www.njc.org
800-222-5864

American Academy of Pediatrics
www.aap.org
800-433-9016

American Association for Respiratory Care
www.aarc.org
970-243-2272

GlaxoSmithKline
ibreathe.com
800-496-3772

NC Healthy Schools
www.nchealthyschools.org

School Allergy and Asthma School Nurse Website
www.schoolasthma.com

US Environmental Protection Agency
www.epa.gov/child/asthma.htm

North Carolina Child Care Health and Safety Resource Center
www.healthychildcarenc.org