

Asthma Education Class

Join us for a basic asthma education class taught by local health care professionals. Learn what asthma is, what triggers are, what to do with equipment, when to call the doctor, what treatment options are available and how asthma affects the things you want to do in daily life. Family members are welcome to attend!



Class Schedule:

September 20, 2007

October 17, 2007

November 21, 2007

January 17, 2008

February 21, 2008

March 20, 2008

May 21, 2008

**No classes in April, July,
August or December**

Sponsored by the Cleveland County Asthma Coalition

Classes meet at the Dover Foundation Family YMCA
411 Cherryville Road, Shelby, NC

To register: Call Cleveland County Asthma Coalition at 704/484-5195

Fee: \$ 5.00 per family—Scholarships available-Light Snacks

Time: 6:00 p.m.

Pre-registration requested

