

**Cleveland County Asthma Coalition's**  
*Asthma Resource List*

**CCAC Asthma Hotline**

Resource info/asthma class registration  
704-484-5195

**Asthma Basic Education Classes**

Dover Family YMCA  
3<sup>rd</sup> Thursday most months  
Register: 704-484-5195

**No Wheeze Summer Asthma Camp**

Dover Family YMCA – Ages 8-12  
June 25-29, 2005

For information: call 704-484-5195

**Healthy Kids Day/Asthma Expo**  
**Dover Family YMCA**

April 14, 2007 – 10:00 – 1:00

**Live Well Breathe Well**

American Lung Association's  
Adult Asthma Management Classes  
Offered Quarterly: Please Register  
704-484-5195

**Emergency Nebulizer Loaner Program**

Sponsored by Medical Arts Pharmacy  
Coordinated by CCAC and your provider  
Call: 704-484-5182

**No Wheeze Gazette**

Editor: Jamarica Jones RN  
For your copy – call 704-484-5195

**Air Quality Flag Program**

For info: Call 704-5195

**Coach's Asthma Clipboard Program**

For info: Call 704-5195

Interested in becoming a coalition member?  
Monthly meetings: 4<sup>th</sup> Wednesdays – 12 Noon  
Cleveland County Health Department  
315 E. Grover St, Shelby, NC 28086

For info call 704-484-5182  
E-mail: [pam.ellwood@clevelandcounty.com](mailto:pam.ellwood@clevelandcounty.com)



**CLEVELAND COUNTY  
ASTHMA COALITION**

315 E. Grover Street  
Shelby, NC 28150

Phone: 704-484-5195  
Fax: 704-484-5114

**DOVER FOUNDATION YMCA**

411 Cherryville Road  
Shelby, NC 28150

Phone: 704-484-YMCA  
Fax: 704-484-9544



**CLEVELAND COUNTY ASTHMA COALITION**

**NO WHEEZE  
ASTHMA  
CAMP**



**Sponsored by**

**The Cleveland County  
Asthma Coalition  
and  
The Dover Foundation YMCA**

# No Wheeze Asthma Camp

## The Purpose of Camp

The Cleveland County Asthma Coalition in partnership with the Dover Foundation YMCA is committed to providing the best Asthma education for your child! Learning about Asthma and how to control Asthma symptoms will give your child the freedom to reach their full potential.



## The Week at Camp

### *What your child will learn:*

- The signs and symptoms of Asthma
- To recognize Asthma triggers
- To understand the use of medication
- How to use a spacer/aerochamber

- How to use a peak flow meter
- How to approach an adult for help



### *Your child will participate in all YMCA Summer Camp activities:*

- Devotion/Character Education
- Swimming
- Gym & Outdoor games
- Arts & Crafts
- Field Trips



Each camper and their family is invited to a Camp Cookout on Thursday, June 28 at no additional charge. Come join other families at the YMCA Barn for hamburgers, hotdogs, ice cream, awards and a camp slideshow.

## Camp Registration Information

- June 25-29, 2007
- Ages 8-12
- \$85 per week

***\*\*\*All fees are per week and include t-shirts, special events and field trips.***

*For registration information and financial assistance contact:*

*Pam Ellwood*

*704-484-5182*

*[pam.ellwood@clevelandcounty.com](mailto:pam.ellwood@clevelandcounty.com)*