

COPD Staging Severity Assessment / Therapy Intervention Guidelines

At Risk (0)
 Mild (I)
 Moderate (II)
 Severe (III)
 Very Severe (IV)

At Risk (0)	Mild (I)	Moderate (II)	Severe (III)	Very Severe (IV)
<input type="checkbox"/> Chronic Symptoms (cough, sputum production, dyspnea)	<input type="checkbox"/> With or Without Chronic Symptoms	<input type="checkbox"/> With or Without Chronic Symptoms	<input type="checkbox"/> Chronic Symptoms	<input type="checkbox"/> Chronic Symptoms
<input type="checkbox"/> Exposure to risk factors (smoking, pollutants)	<input type="checkbox"/> FEV ₁ ≥ 80% predicted	<input type="checkbox"/> FEV ₁ < 80% predicted	<input type="checkbox"/> FEV ₁ < 50% predicted	<input type="checkbox"/> FEV ₁ /FVC < 70%
<input type="checkbox"/> Normal Spirometry ≥/= 80%	<input type="checkbox"/> FEV ₁ /FVC < 70%	<input type="checkbox"/> FEV ₁ /FVC < 70%	<input type="checkbox"/> FEV ₁ /FVC < 70% predicted	<input type="checkbox"/> FEV ₁ < 30% predicted <u>or</u> < 50% predicted <u>plus</u> chronic respiratory failure
↓	<input type="checkbox"/> Rare exacerbations	<input type="checkbox"/> Occasional exacerbations	<input type="checkbox"/> Frequent exacerbations	<input type="checkbox"/> Frequent exacerbations that may require hospital admissions
↓	<input type="checkbox"/> Mobility normal	<input type="checkbox"/> Mobility normal	<input type="checkbox"/> Mobility may be limited	<input type="checkbox"/> Mobility severely limited
↓	↓	↓	↓	<input type="checkbox"/> Hypoxemia ↓
Preventive Measures	Therapy Intervention	Therapy Intervention	Therapy Intervention	Therapy Intervention
<ul style="list-style-type: none"> • Counsel on smoking cessation – offer meds, if appropriate 	<ul style="list-style-type: none"> • Add short acting bronchodilator if needed (ex: Albuterol; Atroven) 	<ul style="list-style-type: none"> • Add or continue short acting bronchodilator 	<ul style="list-style-type: none"> • Add inhaled glucocorticosteroids if repeated exacerbations 	<ul style="list-style-type: none"> • Add long-term O₂ therapy if chronic respiratory failure
<ul style="list-style-type: none"> • Offer flu / pneumonia vaccine 	<ul style="list-style-type: none"> • Continue preventive measures 	<ul style="list-style-type: none"> • Add regular treatment with one or more long-acting bronchodilators (ex: Spiriva, Severtent) 	<ul style="list-style-type: none"> • Continue previous medications 	<ul style="list-style-type: none"> • Consider surgical treatments, if appropriate
<ul style="list-style-type: none"> • Yearly spirometry testing 	<ul style="list-style-type: none"> • Yearly spirometry testing 	<ul style="list-style-type: none"> • Add rehabilitation 	<ul style="list-style-type: none"> • Encourage energy conservations 	<ul style="list-style-type: none"> • Consider Hospice care
		<ul style="list-style-type: none"> • Continue preventive measures 	<ul style="list-style-type: none"> • Continue preventive measures 	<ul style="list-style-type: none"> • Continue preventive measures