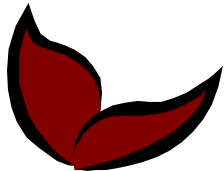


## Program Assurances

All client information is confidential with the exception of required responses to court counselors and judges. However, written requests may be submitted for release of specific information, as needed. Forms will be provided for the convenience of clients and are available through the substance abuse assessment consultant or the parent/youth skills development coordinator.

*Roots & Wings* staff members work as a part of a team consisting of referral sources, school authorities and other community resources. Consultation may be necessary to provide the best possible outcomes for the success of client families and will be conducted in a professional manner.



## Roots & Wings Value Statement

Treat people as if they were what they ought to be, and you help them to become what they are capable of becoming.

~ Goethe



"Roots to Grow and Wings to Fly"

### CLEVELAND COUNTY HEALTH DEPARTMENT

Substance Abuse Assessment/Education:

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408 East Marion Street

Shelby, N.C. 28150

Program Manager

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A Family Enhancement Program

provided by the


Cleveland County Health Department


funded by the

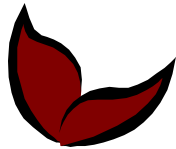
Cleveland County Juvenile Crime Prevention Council

## Program Goals

**Roots & Wings** is a prevention/intervention program consisting of two components:

 Substance Abuse Assessment providing preliminary assessment to determine the level of substance abuse for adjudicated youth.

 Parent/Youth Skills Development providing opportunities to strengthen family relationships.




## Program Plan

### Substance Abuse Assessment

Two to four sessions are required to complete this component. The young person and parent/guardians must attend the first meeting for a bio-socio interview with both youth and parents. The young person will also complete a questionnaire called a SASSI which will permit the consultant to determine the level of substance abuse. Additional follow-up sessions will be scheduled for discussion of the SASSI results and appropriate substance abuse education.


### Parent/Youth Skills Development


This component consists of three levels:

 **Level 1** involves 12 two-hour sessions held on Tuesday or Thursday evenings from 6:00 PM to 8:00 PM at the Office of Juvenile Justice located in the Courthouse Annex at 408 East Marion Street.

Tuesday groups will involve Parent/Guardian and Youth groups meeting separately at the same time each week. Thursdays groups will meet at the same time, but will also offer a

group for children, ages 7-10.

 **Level 2** involves 6 sessions based on family interests, court counselor and program coordinator recommendations. Scheduling will be coordinated between the family and program coordinator. Level 1 completion is required for participation in Level 2.

 **Level 3** is an opportunity for participants to be trained to help new participants entering Level 1. Completion of Level 1 and 2 is required for participation in Level 3.

## Program Cost

There is **no cost** to the family for these services. Funding is provided by the Cleveland County Juvenile Crime Prevention Council.

